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| **Coach Brown** |   | **Developmental Soccer**  |   |
| PE - Soccer  |   | 2/6 – 2/10 |   |

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| * **Monday**
 | **Daily Objective:** Students will stay active and develop a better knowledge and understanding in the game of soccer**Daily Agenda:** 1. Dress out into soccer gear.
2. Report for attendance.
3. Instructional time.
4. Class activity.
5. Students dress back into their school clothes.

**Class Discussion Point(s):** 1. Importance of first touch. The difference between controlling and receiving the ball.
2. Answer student questions.

**Class Activity:** 1. Split group into three teams
2. Participate in fast small-sided competitive games – tournament style.
3. Winning team stays on the field to defend their championship.
4. Emphasis: Awareness and execution of first touch on the ball.

**Follow-Up/Homework:**   |
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| **Tuesday**  | **Daily Objective:** Students will stay active and develop a better knowledge and understanding in the game of soccer**Daily Agenda:**  1. Dress out into soccer gear.
2. Report for attendance.
3. Instructional time.
4. Class activity.
5. Students dress back into their school clothes.

**Class Discussion Point(s):**  1. Review – Importance of first touch on the ball (receiving vs. controlling).
2. Answer student questions.

**Class Activity:**1. Split group into three teams
2. Participate in fast small-sided competitive games – tournament-style.
3. Winning team stays on the field to defend their championship.
4. Emphasis: Awareness of first touch on the ball.

**Follow-Up/Homework:** Reminder about game evaluation grade Thursday. |
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| **Wednesday/Thursday**  | **Daily Objective:** Students will stay active and develop a better knowledge and understanding in the game of soccer**Daily Agenda:**  1. Students dress out into soccer gear
2. Students report for attendance
3. Class Discussion
4. Class activity
5. Students dress into their school clothes

**Class Discussion Point(s):**  1. The importance of directional passing. Where to pass the ball and why.
2. Questions and answers.

**Class Activity (Game evaluation):** 1. Split up two full teams
2. Full-field game with positional responsibilities.
3. Substitutions made every 8 minutes of play.
4. Emphasis: Awareness of first touch on the ball and directional passing.

**Follow-Up/Homework:** Professional soccer games schedule for the week.  |
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| **Friday**  | **Daily Objective:** Students will stay active and develop a better knowledge and understanding in the game of soccer**Daily Agenda:**  1. Students dress out into the soccer gear.
2. Student report for class attendance.
3. Instructional time.
4. Class activity.
5. Student change back into their school clothes.

**Class Discussion Point(s):**  1. Review- Awareness of first touch on the ball (receiving/controlling).
2. Review- Awareness of directional passing.

**Class Activity:** 1. Split up three teams and play small-sided tournament-style rotation games.
2. All students stay active during the course of class activity.
3. Emphasis: First touch on the ball and directional passing.
4. Finish workout with core-muscle exercises for better body strength.

**Follow-Up/Homework:** * Observe at least 20 minutes of a professional soccer game on tv.

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